

SAS EOF

Parents Corner

Fall 2020 Issue

A Virtual College Experience

Tips for Parents by Nancy Capasso-Lee

Parents sometimes forget just how different learning can be for students when placed in an environment that was not supposed to be used for academic purposes. Studies, news stories and articles have been written on how the pandemic has effected peoples ever day lives and emotional well-being. Yet, life goes on and so does college.

Below are some tips that may help you and your student in this virtual learning transition. It is important to recognize that the most essential tip that can be shared is communication. That is key above all. When students and parents communicate, it can produce positive outcomes for how best to succeed in their academic courses.

Tip 1. Help establish a place to **learn**. ...

- Whether you are a family of 2 or 8 and whether you live in an apartment or a house it is important to help create an academic space for your student. Work with them to establish which space might be the least distracting, the least noise and also accessible to Wi-Fi.

Tip 2: Create a **schedule** together...

- Sit down and create a schedule so everyone in your home knows what the home environment will look and sound like at any given day. Make sure to include work hours, test days and other days that your student or you made need the space to just be a little quieter so that focusing can happen.

Tip 3: **Check in** at the end of their “school day”...

- It’s very important to maintain normalcy in these times. Although you will share a space that is home, school and perhaps work, you should check in with each other at the end of the day to see how it went. Communication is key!

“The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.” -Brian Herbert



What’s the scoop...

Fall 2020 SAS EOF News

As part of compliance, students are required to attend 1 workshop a semester. We offer many throughout ranging from financial workshops to social educational ones. We even host workshops where students connect with alumni. Remind your student to check out our website and social media to learn about upcoming fall events.

Students receive emails almost daily from our office with various opportunities that can range from scholarships to internships. It is important they check their Rutgers email daily!